




[Pay close attention to the nightly start times. Start times will get earlier as the daylight decreases.](#) These races will be organized, structured and low-key early season races. This is a great time to try the sport out as a Newbie or Beginner and for the returning racers this gives you a chance to work out the cobwebs and knock off the rust. The races will be insured, but not through USA Cycling. Newbies and Beginners will have a chance to try racing without worrying about USAC one day license fees. Self-selecting fields...pick your own race. (No sand bagging) If you have any racing experience and are new to CX start with the Beginner field. If you have never raced, then the Newbies is a good place to start. First night, Advanced 60 minutes, Intermediate 45 minutes, Beginners 30 minutes and Newbies roll for 15 minutes. **This is a professionally chip timed series-cost to replace lost chip is \$110.** Return chip to **blue bucket** when finished with your race.

START TIMES: These will change each week, please read the flyer and don't be late. Registration begins one hour before the first race and ends 15 minutes prior to race start. Check out www.EndurancePromotions.com for bib placement during race afternoon. MCF cloth bibs will be used for the entire series.

ENTRY FEE	\$25	EXTRA RACE	\$5	CASH CHECK CARD	
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This race series is not a USA Cycling series, meaning results will not be sent to USA Cycling. There will be no USAC points to earn. We will have trained officials there keeping order and keeping things safe. You do not need a USA Cycling license to race. Newbies are people who have not raced before and are trying cyclo-cross racing for the first time. Beginners will be grouped with Juniors. Intermediate race is for Cat 4 Cat 5 racers and Advanced race is for Cat 1/2/3 racers. Masters can self- seed based on length of race and category.

2023 RACE SCHEDULE

8/22/23 **Valley Place Park - Crystal** Course by Fulton Racing

Newbies 5:00 pm/15 minutes - Newbies

Race 1 5:30 pm/30 minutes -Beginners and Juniors

Race 2 6:05 pm/45 minutes -Intermediate/Masters/Women

Race 3 7:00 pm/60 minutes -Elite and Advanced

8/29/23 **Aquila Park – St Louis Park** Course by Versus Racing

Newbies 5:00 pm/15 minutes- Newbies

Race 1 5:20 pm/30 minutes- Beginners and Juniors

Race 2 5:55 pm/40 minutes- Intermediate/Masters/Women

Race 3 6:40 pm/50 minutes- Elite and Advanced

9/5/23

Valley Place Park - Crystal Course by Midtown Cycling

Newbies 5:00 pm/15 minutes- Newbies

Race 1 5:20 pm/25 minutes- Beginners and Juniors

Race 2 5:50 pm/40 minutes- Intermediate/Masters/Women

Race 3 6:35 pm/50 minutes- Elite and Advanced

9/12/23

Aquila Park – St Louis Park Course by Gear West

Race 1 5:00 pm/25 minutes -Beginners and Juniors

Race 2 5:30 pm/35 minutes -Intermediate/Masters/Women

Race 3 6:15 pm/45 minutes -Elite and Advanced

9/19/23

Valley Place Park – Crystal Course by Angry Catfish

Race 1 5:00 pm/25 minutes -Beginners and Juniors

Race 2 5:30 pm/35 minutes -Intermediate/Masters/Women

Race 3 6:10 pm/45 minutes -Elite and Advanced

9/26/23

Aquila Park – St Louis Park Course by THC

Race 1 5:00 pm/25 minutes -Beginners and Juniors

Race 2 5:30 pm/35 minutes -Intermediate/Masters/Women

Race 3 6:10 pm/45 minutes -Elite and Advanced

10/3/23

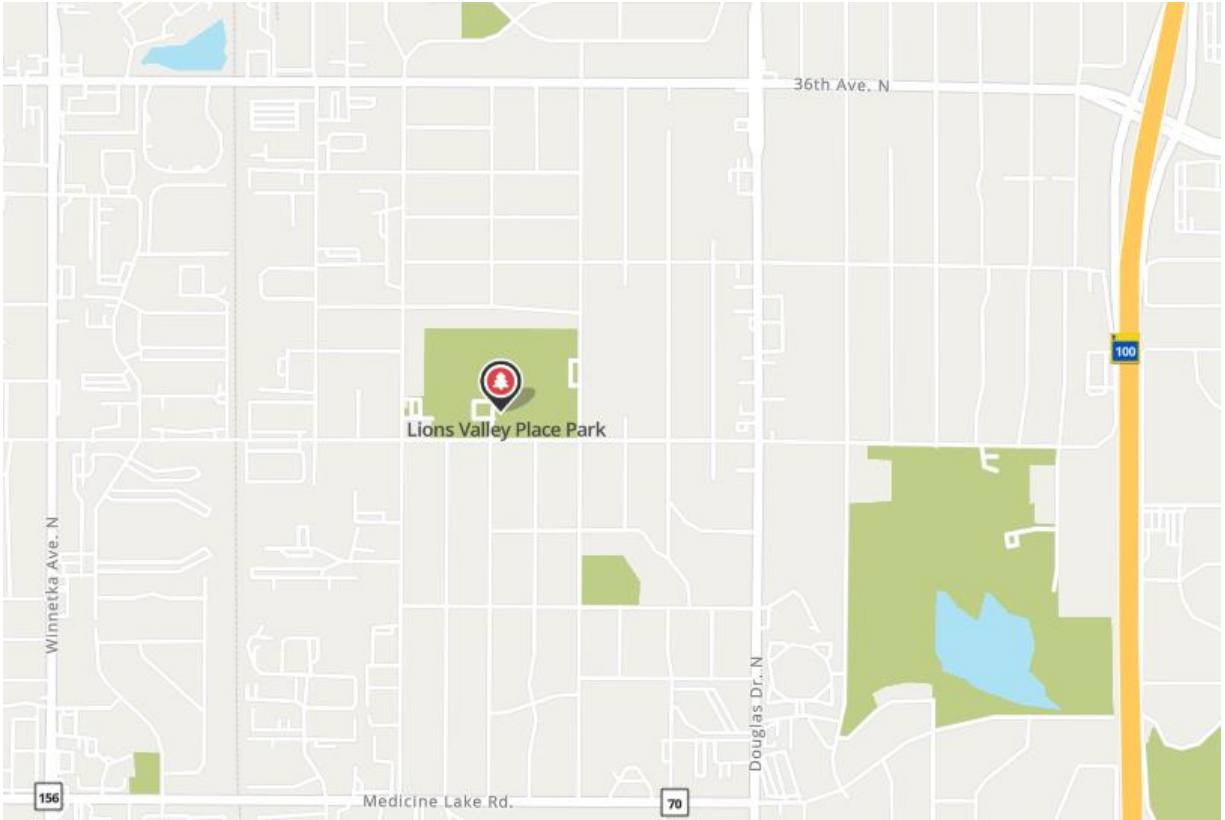
Valley Place Park – Crystal Course by Corpse Whale

Race 1 5:00 pm/25 minutes -Beginners and Juniors

Race 2 5:30 pm/35 minutes -Intermediate/Masters/Women

Race 3 6:10 pm/45 minutes -Elite and Advanced

Valley Place Park is in Crystal – 6822 32nd Ave North



Aquila Park is in St Louis Park – 3110 Xylon Ave S

