

2025 Section 5 Nordic Champs - Girls Semi Results

Pos	No.	First Name	Last Name	Sex	DIV	Heat	Club	Total Tm
1	435/436	Ruby Demmer &	Bethany Law	F	GRLY	GHT1	Coon Rapids	17:11.7
2	453/454	Lily Hoard &	Madison Fisher	F	GRLY	GHT2	Elk River Zimmerman	17:12.3
3	457/458	Isabelle Overman &	Allison Woodbury	F	GRLY	GHT2	Maple Grove	17:40.8
4	441/442	Chloie Crandall &	Lylah Carlson	F	GRLY	GHT1	Blaine	18:31.6
5	437/438	Nora Oppel &	Rachel Brown	F	GRLY	GHT1	Rogers	19:05.7
6	439/440	Elsie Higgins &	Gabby Januschka	F	GRLY	GHT1	Osseo/PC/TG	19:31.5
7	443/444	Emily Schmidt &	Elliana Bloom	F	GRLY	GHT1	Andover	20:26.0
8	455/456	Sofia Tudor &	Emma Schmitz	F	GRLY	GHT2	Anoka	20:50.6
9	445/446	Johanna Kirkham &	Nora Schreiner	F	GRLY	GHT2	Champlin Park	21:45.3